AMENDMENT TO CLAIMS

In the Claims:

Please AMEND claims 1, 24, and 25 as follows.

A copy of all pending claims and a status of each claim is provided below.

1. (Currently Amended) A gas opening/closing pin which opens and closes a gas inlet and outlet formed in a pipe holder which seals one end portion of a cylinder and allows a change in a moves the position of a piston in the cylinder, comprising:

at least one streamlined recess portion which opens the gas inlet and outlet formed on a side of the an outer peripheral surface of the a central portion of the gas opening/closing pin; and an integrally formed washer-shaped boss body portion formed at a lower end of the opening/closing pin,

wherein the at least one streamlined recessed portion does not extend about the <u>an</u> entire outer periphery of the central portion.

2.-4. (Cancelled)

- 5. (Previously Presented) A gas/opening closing pin according to claim 1, wherein the gas opening/closing pin is made of a metal.
- 6. (Cancelled)
- 7. (Previously Presented) A gas/opening closing pin according to claim 1, wherein the gas opening/closing pin is made of a non-metal.

8.-10. (Cancelled)

- 11. (Previously Presented) A gas/opening closing pin according to claim 1, wherein the at least one streamlined recessed portion comprises a plurality of streamlined-shaped recesses.
- 12.-21. (Cancelled)
- 22. (Previously Presented) The gas opening/closing pin according to claim 1, wherein the at least one streamlined recess portion has an entirely closed circumference defined by a non-recessed portion of the outer peripheral surface.
- 23. (Cancelled)
- 24. (Currently Amended) A gas opening/closing pin, comprising:

a pin body adapted to open and close a gas inlet of a pipe holder which seals one end portion of a cylinder and allows a change in a in moves the position of a piston in the cylinder, the pin body having one or more longitudinal inwardly continuously contoured troughs formed in a side outer surface thereof, the one or more longitudinal inwardly continuously contoured troughs do not extend continuously about the an entire outer periphery of the central portion; and a catch feature defined as an integral washer-shaped boss formed on one end of the pin body.

- 25. (Currently Amended) A height-regulating apparatus, comprising: an outer case;
 - a tube guide mounted along the an interior of the outer case; and
 - a spindle mounted within the tube guide, the spindle including:

a cylinder;

a piston sealingly mounted within the cylinder for movement along the cylinder, the piston dividing the cylinder into two chambers;

a pipe holder having a fluid inlet; and

a gas opening/closing pin mounted in the fluid inlet and adapted to prevent the <u>a</u> flow of pressurized fluid between the two chambers when in first positions and allow the flow of pressurized fluid between the two chambers when in second positions, the gas opening/closing pin including:

a pin body having one or more longitudinal inwardly continuously contoured troughs formed in a side outer surface thereof, the one or more longitudinal inwardly continuously contoured troughs do not extend continuously about the entire outer periphery of the a central portion; and

a catch feature defined as an integral washer-shaped boss formed on one end of the pin body.